HUMANITIES (HUM)

HUM S102 Mindful Learning

1 credit (1+0)

Introduction to a variety of techniques and exercises, such as mindfulness and self-reflection, to deepen students' selfknowledge around learning and expand their repertoire of learning approaches. More than just study skills, practicing techniques for learning mindfully will shape students into more self-directed learners, who can better monitor and adjust their learning approaches. Self-directed learners are able to articulate what they know, apply their learning to new situations, and know when to ask for help or seek support. Pass/Fail grading.

HUM S105 Critical Reading in the Humanities

3 credits (3+0)

Provides a range of readings in the humanities, and strategies for interpreting, analyzing and synthesizing written texts. Extensive reading and response via oral, written and other creative methods. A reading research project is required. Course may be selected by student, or required by English placement test scores.

HUM S120 *Alaska: A Sense of Place and Beyond

3 credits (3+0)

GER. Through a variety of readings, activities and discussions, examines the ways we relate to the places in which we find ourselves. Focus is on both the university and the Alaska wilderness as a place through study in the humanities and social sciences. Students explore issues critical to their academic goals and objectives. Assists students in finding their place in the university setting.

Prerequisite: WRTG S090 or higher or concurrent enrollment, or placement into WRTG S110, or instructor permission.

HUM S210 BLA Portfolio Review

1 credit (1+0)

Students develop and assemble an assessment portfolio that will be maintained and updated throughout the Bachelor of Liberal Arts (BLA) program. Required course for the BLA degree. **Prerequisite:** WRTG S111 (C 2.00 or better).

HUM S216 Introduction to Linguistics

3 credits (3+0)

Cross-listed as ANTH S216. Scientific study of the structure, distribution and diversity of human language. Examines the branches of systematic linguistic analysis: phonetics, phonology, morphology, syntax; and the divisions of linguistic study such as socio- and neuro-linguistics, language acquisition; drawing examples from Alaska's and many other languages.

HUM S370 Sport, Leisure, and Culture

3 credits (3+0)

Understanding leisure is a key part of understanding who we are on a cultural and personal level. Leisure activities play an important role in developing our sense of identity. What is the function of leisure and recreation in American society, and why do we understand them as we do? Course introduces the concept of leisure from historical and philosophical perspectives, considered from various cultures and times. Special attention is given to sport and outdoor recreation.

Prerequisite: Upper division standing or instructor permission.

HUM S372 Salmon, Sport, and Society

3 credits (2+2)

Thinking critically about the relationship between salmon and people, this class explores the history and the current threats to Pacific salmon and steelhead through the lens of sport fishing. Presents a unique opportunity to engage with the cultural and political issues inherent to fisheries management. Students will read widely in the literature of steelhead fly fishing, while also preparing a service-learning project and learning the basics of steelhead fly fishing. Course concludes with a week in the field working with secondary students in Yakutat, Alaska, while honing fly fishing skills by pursuing steelhead on the Situk River. Students must be physically fit and prepared to spend significant time outside in inclement weather. Requires a valid Alaska fishing license to participate.

Prerequisite: Instructor permission required.

HUM S391 Internship:

HUM S491 Internship:

HUM S499 Humanities Capstone

3 (1+0+8)

Helps students synthesize learning and skills acquired in their undergraduate program and prepare them for postgraduate life. Opportunities to reflect on choices and consequences, to articulate ideas and experiences, is facilitated by texts and discussion. Students prepare a portfolio and will present their work at an instructor-approved conference or forum. Pass/Fail grading.

Prerequisite: Senior standing in a UAS degree program.