

DRUG FREE SCHOOLS

The 2023-24 (<https://uas.alaska.edu/policies/drug-free.html>) Drug-Free Schools Notification lists health risks associated with substance abuse, treatment referrals for alcohol and/or drug issues, resources for people in recovery, counseling services available through the university, resources for smoking cessation, and important university policies. Virtual services are also listed.

The university is invested in promoting the highest possible standard of health and wellness among students, staff, and faculty. Alcohol or drugs increases your risk for health problems. Coping with alcohol or drugs often exacerbates stress, anxiety, and depression.

Students can make an appointment with counseling (<https://uas.alaska.edu/juneau/counseling/>) or our health clinic (<https://uas.alaska.edu/juneau/health/>) by calling 907-796-6000. Counseling appointments are offered in person and virtually at no cost. Consults and referrals are also available.

For employees, the ComPsych Assistance program (<https://www.alaska.edu/hr/benefits/support/employee-assistance.php>) offers free short-term counseling. Employees can call 1-888-969-0155 to speak with a clinician.

For those in the recovery community, it is important to find connections with your personal support systems. Virtual recovery resources (<https://uas.alaska.edu/policies/drug-free.html#drugAndAlcoholCounseling>) can be used to maintain community support.

For more information about Drug-Free Schools or to request a physical copy of the notification, please contact the UAS Dean of Students (<https://uas.alaska.edu/dean-of-students/>).